research, educational, and one who supports excellence in nursing. Please consider nominating a nurse that exudes excellence in their chosen field. Follow us on NJSNA.org for information about this exciting event.

## **Thank you!**

Thank you to the IFN Board of Trustees, the Fundraising Committee, and the Scholarship Committee, the Diva and Don Award Selection Committee and all the NJSNA/IFN staff who work tirelessly to make this organization a success. Margaret Farrell Daingerfield Ed.D, RN, CNE President-Elect, NJSNA Institute for Nursing, Chair peggy@NJSNA.org



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## **Addressing Racism in New Jersey Nursing**

By: The Addressing Racism in New Jersey Nursing Task Force



As defined by the National Commission to Address Racism in Nursing (2021, as cited in Nursingworld.org, n.d.) racism involves 'assaults on the human spirit in the form of actions, biases, prejudices, and an ideology of superiority based on race. This persistently causes moral suffering and physical harm of individuals, communities, perpetuates systemic injustices and inequities' (para. 4). The journey to address racism began by the American Nurses Association, and New Jersey State Nurses Association's Addressing Racism in New Jersey Nursing is proud and inspired to bring this journey to New Jersey.

A group of nurses who shared concerns and hope for addressing racism in New Jersey nursing began to meet last summer. The establishment of the Task Force, approved by the New Jersey State Nurses Association (NJSNA) Board of Directors in November of 2023, has been meeting. We decided to begin this work by advocating for awareness as a first step in addressing racism and bias in the nursing workforce in New Jersey. During the March 2024 meeting of the Task Force, and with the support of the NJSNA President, Sandra Foley, the group agreed the Region Presidents would be invited to attend an April meeting. This began outreach to support regional dialogue of experiences in a safe space to share. To date, the Regions are in discussion, are planning, or have begun to bring racism discussions to their membership. The Task Force plans to continue to support the Region Presidents and support efforts to address awareness of racism.

The Task Force invites all nurses to

join in our goal-oriented plan towards dismantling structures of unequal power for the future by reflecting on your own experiences. One such article that offers the opportunity for reflection is by Martie Sirois, titled, "The Kind of Racism You Don't Even Know You Have." A toolkit to help advance this journey was the Organization of Nurse Leaders, "Toolkit for Addressing Racism in Nursing and Healthcare," (2022). On page 5, please note there is a Nurse's Pledge (Nurse's Pledge to Champion Diversity, Equity and Inclusivity survey).

## References

Nursingworld.org. (n.d.). Our racial reckoning statement. American Nurses Association. https:// www.nursingworld.org/practice-policy/workforce/ racism-in-nursing/RacialReckoningStatement/

Organization of Nurse Leaders. (2022). Toolkit for addressing racism in nursing and healthcare. https://onl.memberclicks.net/assets/docs/ DEIB/ONL-Tool-Kit-for-Addressing-Racism-in-Nursing-and-Healthcare.pdf

