

Executive Director Message



Laura L. Fuller
Executive Director
Iowa Nurses Association

EMBRACING AGILITY IN NURSING. As the executive director of our esteemed association, I am continually impressed

by the adaptability and resilience of our members and Iowa's nursing community. In the ever-evolving landscape of health-care, the importance of agility in nursing cannot be overstated. As the demands and complexities of patient care continue to grow, the ability for nurses to adapt swiftly to changes, foster innovation, and navigate through challenges has become paramount. Agility in nursing is not just a desirable trait; it is a necessity for ensuring high-quality patient care and maintaining a resilient healthcare system.

Here are some ways nurses can cultivate agility:

1. **Mindset:** Embrace change as an opportunity rather than a threat. Engage in continuous learning and be open to new ideas and approaches. Take time to self-assess and improve your responses to changing situations.
2. **Communication:** Effective communication is a cornerstone of agility. This is crucial not only for patient interactions but also teamwork and collaboration with other healthcare professionals.
3. **Flexibility:** Being able to shift seamlessly between tasks and adapt to new roles in response to immediate needs demonstrates true agility.
4. **Team Building:** Fostering a culture of mutual support and collaboration ensures that teams can respond quickly and effectively to changes and challenges.
5. **Innovation:** Nurses should feel empowered to share their ideas and suggestions for new methods, technologies, and improvements in their work environment and care delivery.

(continued on page 11)

MOUNT MERCY
UNIVERSITY

MARTIN-HEROLD COLLEGE
OF NURSING & HEALTH

RN-BSN | BSN | MSN | DNP | FNP-DNP

Setting the standard for
NURSING EXCELLENCE
for over 90 years

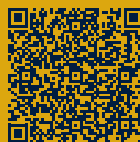
“

I cannot tell you how many times I've used knowledge from several classes in a professional setting. Mount Mercy holds students to a higher level of expectancy. I do think there's a level of respect and a level of professionalism that I wouldn't have had elsewhere.

TRACI RIDGWAY '07, '20 MSN, '21 DNP
Hall-Perrine Cancer Center



ELEVATE
your impact



[MTMERCY.EDU/MHCNH](https://mtmercy.edu/mhcnh)

INA Member Updates

INA Leadership Elections Now Open

INA MEMBERS, don't miss the opportunity to cast your vote for the new association leaders! Voting is open September 20 through October 4. An electronic ballot will be sent to your email address. Election results will be announced during the INA Membership Assembly, which will be held on October 22, 2024, at the Gateway Conference Center in Ames, IA.

Calling all members! Your involvement matters.

Be a part of something meaningful and purposeful by serving on one of our committees. The Call for Committees is open October 1-31.

[Visit our website to learn more.](#)

Proposed Bylaws Amendments

An important vote on bylaws amendments is taking place during this year's 2024 INA Membership Assembly that will be held on October 22, 2024. This is an important membership meeting. Your participation and votes are needed. Check your email for the proposed bylaws amendments! ■



Executive Director Message (continued from page 3)

- 6. Technology:** Technology plays a significant role in modern nursing. Learning about new technology and sharing how advancement can improve patient care is essential. Embrace it, leverage it, and use it to enhance patient outcomes.
- 7. Decision-Making:** Agile decision-making involves making quick, informed decisions even under pressure. This requires critical thinking skills and the ability to evaluate the available information rapidly to make the best possible choice.
- 8. Creating a Culture of Resilience:** Build an environment where agility thrives

involves encouraging resilience. This means providing support, promoting well-being, and ensuring that all nurses have the resources they need to cope with stress and adversity. Click here for INA's Nurse Well-Being Resources.

Agility in nursing is a multifaceted attribute. By cultivating these qualities, nurses can better navigate the complexities of modern healthcare, ensuring that they can provide the highest standard of care in any situation. As the landscape of healthcare continues to evolve, the agility of nurses will remain a critical factor in the success and resilience of healthcare systems.

I encourage you to join us at our upcoming Annual Conference, **Revolutionizing Healthcare: Embracing Innovation**. Our line-up of exceptional speakers will address many of these qualities, expand your knowledge, and empower your career. Click here to learn more and register today!

By embracing agility, we can ensure that our nursing community remains at the forefront of healthcare innovation and excellence. ■