

What Works: Development of a teach-back tool and RN resource for transplant patients

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Post solid organ transplant teach-back tool

During your hospital stay, your nurses will be asking you questions to help us make sure you are learning what you need to know when you leave the hospital. This tool will help us keep track of what you have learned.

- _____ What medications are you taking to prevent rejection?
When should you take them?
- _____ Are there any special instructions regarding your medications?
- _____ Can you tell me what a trough level is and why it's important?
- _____ What medications are you taking to prevent infection?
When should you take them?
- _____ Are you taking any other medications that are new to you?
What are they for?
- _____ Can you tell me a side effect of (insert medication name)?
- _____ Can you tell me some reasons you would need to contact your healthcare team after you leave the hospital?
- _____ How would you contact the transplant team?
- _____ What is the easiest and most important way to prevent infection?
- _____ Can you tell me some other ways you can prevent infection?
- _____ What information do you need to record in your record book?
- _____ Why is recording this information important?
- _____ What activity restrictions do you need to follow?

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