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Stemming the tide of alcohol abuse in women

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CAGE questionnaire for detecting alcoholism

C: Have you ever felt you should *cut down* on your drinking?

A: Have people *annoyed* you by criticizing your drinking?

G: Have you ever felt bad or *guilty* about your drinking?

E: *Eye opener:* Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover?

This questionnaire can identify alcohol problems over a person's lifetime. Two positive responses are considered a positive test and indicate further assessment is warranted.

<http://pubs.niaaa.nih.gov/publications/aa65/AA65.htm>