Stemming the tide of alcohol abuse in women

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CAGE questionnaire for detecting alcoholism

C: Have you ever felt you should cut down on your drinking?
A: Have people annoyed you by criticizing your drinking?
G: Have you ever felt bad or guilty about your drinking?
E: Eye opener: Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover?

This questionnaire can identify alcohol problems over a person’s lifetime. Two positive responses are considered a positive test and indicate further assessment is warranted.