

The Essence of Nursing

These key points can help you provide patients with the essence of good care.

Advancing the art and science of patient care, quality, and safety.

Set expectations



Share the organization's caring mission.

Empower employees to practice to their fullest authority.



Engage patients



Learn the stories of your patients, their family members, and home caregivers.

Share health data and decision making with patients.



Prevent readmissions

20%

Medicare patients readmitted within 30 days

Use the acronym **IDEAL** for discharge planning:

Include, **D**iscuss, **E**ducate, **A**ssess, **L**isten.

Patient

Prevent problems

Understand the dangers of hospitalization.

Assess patients. • Promote nutrition.

Keep the patient **SAFE**:

Safe environment, **A**ssist with mobility, **F**all risk reduction, **E**ngage patient and family.



Keep patients moving

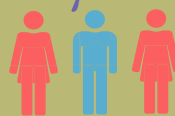


Get patients moving early.

Use assistive devices to keep you and your patients safe.



Collaborate with other disciplines



Build multidisciplinary teams.

Encourage the use of first names to keep a level playing field.

Communicate effectively.



Above all, be a patient advocate.

Remember—the nurse is the only healthcare professional with the patient and family 24/7/365. 